Welcome to the Ontario Association of Mental Health Professionals.
You are part of ~3,000 members who represent the spectrum of mental healthcare providers at work in family health teams, hospitals, school boards, workplaces, community centres and private clinics – just about everywhere you find mental health services in your community.

Thank you for being part of the association.

The OAMHP is dedicated to our membership. We offer effective and affordable solutions to advance your mental healthcare careers through professional development, knowledge exchanges, group benefits and personal business solutions.

We advocate on behalf of all our members to raise the awareness of mental health professionals with all levels of government and key stakeholders with a clear goal of making mental health services more accessible, affordable and equitable.
The Ontario Association of Mental Health Professionals is governed by a volunteer board of directors who are responsible for the good governance of the Association.

Together with the executive team, staff and committee members, they guide the OAMHP’s short and long term planning to ensure the Association adheres to its vision, mandate and its financial and fiduciary duties.

The Board is responsible to the constituency of members and that responsibility includes the maintenance of a Privacy Plan under the Privacy Legislation of Canada.

**VISIT OAMHP.CA**
Get to know the Board of Directors, Executive Director and the team in the office.
EXECUTIVE DIRECTOR
Maryann Istiloglu
Maryann is the senior staff person. She liaises with the Board of Directors, President and, Committees to guide and implement the policies of the Board.
mistiloglu@oamhp.ca

MANAGER OF OPERATIONS
Ruth Taylor
Ruth is responsible for the financial and administrative operations of the Association. She has been working to establish clear financial, administrative and HR policies, procedures and processes for OAMHP.
rtaylor@oamhp.ca

MEMBERSHIP COORDINATOR
Alecia Henningham
Alecia is our point person to answer questions from members and applicants regarding our benefits and services. She oversees new member applications and facilitates certification.
ahenningham@oamhp.ca

COMMUNICATIONS SPECIALIST
Samantha Younan
Samantha oversees the development and publication of content on social media, e-blasts and our website. She plays a role in creating collateral for the OAMHP Annual Conference and General Meeting, and also assists in developing Psychologica magazine.
syounan@oamhp.ca

PROFESSIONAL DEVELOPMENT
Jacqueline Lacroix
Jacqueline works with the Professional Development Committee to oversee educational opportunities for members. Her main duties are organizing workshops and webinars, providing support to regional networks, and organizing the Annual Conference.
jlacroix@oamhp.ca

BUSINESS DEVELOPMENT DIRECTOR
Michael Ghent
Michael works in tandem with the Executive Director, Executive Committee and the OAMHP team to enhance member benefits, create opportunities for strategic partnerships and oversee new business initiatives for the Association.
mghent@oamhp.ca
It is with great pleasure that I welcome you as a member to the Ontario Association of Mental Health Professionals.

We are an Association that has evolved and transitioned over the past 40 plus years, addressing and supporting the needs of our membership base of professionals.

The past year has been an exciting evolution for the Association yet our goals remain the same - helping you be the best mental health professional possible by supporting your ongoing education, business needs and personal well-being.

As we grow, so has our influence as a collective of like-minded professionals who are committed to improving the mental health of the people of Ontario. Our lobbying efforts will continue to raise the awareness of the important role our members play in the continuum of healthcare in the province.

I encourage you to make the most of your membership with the OAMHP. Utilize your numerous benefits and perks. Get involved with a committee. Write about your professional experience for *Psychologica Magazine*. There are many ways to be an engaged member of our community of mental health professionals. Contact us to find out more, our door is open.

Thank you for being a part of the OAMHP,

*Maryann Istilloglu*

Executive Director, OAMHP
As a member of the Association, you have access to a wide range of time-saving benefits designed to improve your career, well-being and effectiveness.

We can assist you to increase your professional profile, get your work published, meet your professional development requirements and provide easy options when it comes to your insurance and small business needs.

Both online and through in-person networking and conferences, we are working together to build a connected community.
MEMBERSHIP MEANS MORE

The OAMHP offers many ways for you to reach your colleagues in mental health professions, including *Psychologica Magazine*, a publication dedicated to exploring advancement and leading community members in mental health.

*Psychologica Magazine* is published twice a year and is an excellent opportunity to showcase your research and experiences in the field. The publication is edited by Stephen Douglas, Registered Psychotherapist, M.A., (cert) OAMHP. Stephen also welcomes new members for the Editorial Committee to review the work submitted. If you have a topic you’d like to explore in *Psychologica Magazine*, we’ll put you in touch with Stephen to discuss the details.

For writers and speakers alike, we offer numerous opportunities for you to present a workshop or seminar on a specific topic or modality you feel is important to today’s mental health professionals. The OAMHP frequently puts out calls for proposals for speakers and presenters at our annual conference and professional development events. Subscribe to *The Pulse* newsletter to make sure you are in the loop. Contact us to learn more.

[www.OAMHP.ca/Members](http://www.OAMHP.ca/Members)
EXPLORE YOUR MEMBER BENEFITS

Visit the members portal at oamhp.ca to access the full range of membership benefits.

Raise Your Profile
Create your professional profile and connect with new clients with our Find A Therapist Directory, Publish your work in Psychologica Magazine, and reach colleagues with The Pulse E-Newsletter.

Insurance Broker
Professional liability, home, auto & extended health with McFarlan Rowlands Insurance.

Supporting Your Clinical Practice
Through discounted virtual management platforms.

Professional Development
Discounted member pricing on OAMHP-delivered workshops and seminars. Plus, important partnerships and training events such as Leading Edge Seminars and Sick Kids CCMH.

Resources
Publications, shared office spaces, EEnet Connect and networking opportunities.
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Visit the members portal at oamhp.ca to access the full range of membership benefits.

Showcase
Gain exposure for your expertise and experience. We have many ways to interact online, with digital newsletters or at live events. Ask us how to utilize your membership.

Better Business Solutions
Virtual online business resources and specialty vendor promotions at the annual conference in Toronto.

Jobs Board

Young Professionals Network
Coming 2020. Learn the full range of opportunities and placement possibilities with a Master’s level degree in fields related to mental health.

Health & Wellness
Health club memberships and discounts with GoodLife Fitness.
Get Involved!

BOARD OF DIRECTORS
NOMINATIONS
GOVERNANCE & RISK MANAGEMENT
PUBLIC POLICY
PROFESSIONAL DEVELOPMENT
ETHICS & PROFESSIONAL CONDUCT
CERTIFICATION
EDITORIAL FOR PSYCHOLOGICA

You are part of an Association which regularly advocates for issues important to your profession. The OAMHP listens closely to our members and frequently asks for feedback regarding the issues you encounter such as the removal of HST for private practice RP’s and the inclusion of therapy in insurance plans. Our committees focus these issues and take them directly to the stakeholders in the public and private sectors who can effect change.

If you’d like to be an active part of the Association and its advocacy, outreach or professional development, you can join a committee, the board of directors or our online community. You can also volunteer or speak at an event.

Please get in touch with our office to discuss your interests and how you can get further involved with the OAMHP.
The Code of Ethics guides members in their everyday conduct, planning, and thinking in the resolution of ethical dilemmas. It advocates the practice of both proactive and reactive ethics. It also serves as a guide for the development of Standards of Practice. This Code can be viewed by clicking this link, or by visiting our website.

Members are expected to ensure that their activities and/or those conducted under their direction comply with relevant statutes and regulations that apply to the provision of mental health services as outlined by the Standards of Practice.

The Standards of Practice policy can be viewed by clicking this link, or by visiting our website. The OAMHP Code of Ethics and Standards of Practice provides members with guidance surrounding the ethical principles, standards, and values related to the mental health practice. Members are responsible for familiarizing themselves with the Code of Ethics and Standards of Practice.
Every OAMHP member who has an independent practice is expected to be aware of the Personal Information Protection and Electronic Documents Act (PIPEDA). This is a piece of federal legislation that came into effect January 1, 2004. Anyone who has a private, independent practice will need to have the following documents on file:

- Full privacy policy and an appointed privacy officer (usually the practitioner him/herself);
- Brochure or outline of the information contained in this document that is to be handed out to clients. This information needs to be presented to them in “user friendly” language; and
- Confidentiality agreement, to be signed by the client, that indicates that they have read, understood and agreed to the contents.

We communicate with our members primarily by email and we value your privacy concerns. Please opt-in to receive important information about all we do as your professional association.
WE LOOK FORWARD TO CONNECTING WITH YOU

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