OACCP MILESTONES

40TH ANNUAL CONFERENCE & AGM
September 20th - 22nd, 2018

FEATURING:
Terry Real
Ed Connors
Nora Young
**Milestones**

*Reflecting on our collective achievements as mental health professionals.*

The OACCPP Conference and AGM is proud to celebrate its 40th year offering our members an opportunity to learn, network and have fun.

**WHO?**

Mental health professionals ranging from consultants, counsellors, psychometrists & psychotherapists from our membership and the community at large.

**WHAT?**

Three day industry event, connecting Ontario’s leading mental health professionals from diverse working environments in both the public and private sphere.

**WHERE?**

Radisson Admiral Toronto - Harbourfront 
249 Queens Quay W 
Toronto, ON M5J 2N5

**WHEN?**

Thursday September 20th to Saturday September 22nd, 2018

**HOW?**

Registration now open!
# Conference Schedule

## Thursday September 20th

**Pre-Conference Workshops | 9:30 a.m. - 5:00 p.m.**
- Taking Control of your Finances
- Lightning Round with the CRPO

**Pounding the Pavement Social Mixer | 5:30 p.m. - 8:30 p.m.**

## Friday September 21st

- **Registration | Open at 8:00 a.m.**
- **Welcome | 9:00 a.m. - 9:15 a.m.**
- **Keynote | 9:15 a.m. - 9:45 a.m.**

## Morning Workshops | 10:00 a.m. - 1:00 p.m.
- High-Impact Couples Therapy
- Indigenous Cultural Safety
- Positive Psychology
- The World According to DSM-5

## Afternoon Workshops | 2:00 p.m. - 5:00 p.m.
- High-Impact Couples Therapy (Continued)
- Indigenous Cultural Safety (Continued)
- In a Family's Shoes
- The Therapeutic Alliance

**The Miles Ahead of Us Banquet | 6:00 p.m. - 9:00 p.m.**

## Saturday September 22nd

**Mental Health & Technology | 9:00 a.m. - 12:00 p.m.**

**Annual General Meeting | 1:00 p.m. - 3:00 p.m.**
Paving the Path

Find your footing and reinvigorate your career with two workshops for your career development.

SEPT. 20TH | 9:30 a.m. - 5:00 p.m.
RADISSON ADMIRAL TORONTO -- HARBOURFRONT

oaccpp.ca/pavingthepath
PROGRNM

8:30 a.m.
MORNING REGISTRATION

9:30 a.m.
TAKING CONTROL OF YOUR FINANCES

12:30 p.m.
LUNCH BREAK

2:00 p.m.
LIGHTNING ROUND WITH THE CRPO

5:30 p.m.
POUNDING THE PAVEMENT SOCIAL MIXER
Learn New Skills

High Impact Couples Therapy

Terry Real
Friday, September 21st
10:00 a.m. - 5:00 p.m.

The secret to helping couples have a powerful, transformative experience in therapy is to get them to deeply explore--while in each other’s presence—their own character structure and family-of-origin trauma. Join Terry Real, founder of the Relational Life Institute, as he describes the six steps involved in relational life therapy: arriving at the couple’s relational diagnosis, helping them articulate their repeating loops, understanding the backstory of their childhood adaptation, imaginatively reparenting each inner child, loving confrontation, and helping each partner master new skills.

OACCPP.CA/COUPLESTHERAPY
Indigenous Cultural Safety

Dr. Ed Connors

Friday, September 21st
10:00 a.m. - 5:00 p.m.

Indigenous cultural safety combines and expands upon the concepts of cultural sensitivity, awareness, competence and humility to provide a safe environment for individuals from diverse or marginalized communities to seek care. We are thrilled to have Dr. Connors back this year for a full-day presentation of this highly-praised workshop. Don't miss this opportunity to learn from one of the people who helped bring this concept to Canada and helped shape the definition within a Canadian context.

OACCPP.CA/CULTURALSAFETY
Positive Psychology
for Personal & Professional Transformation

Sajel Bellon & Patricia Davies

Friday, September 21st
10:00 a.m. - 1:00 p.m.

Join Sajel and Patricia for an interactive session that will explore the science of Positive Psychology, how it can influence professional practice and our own capacity to overcome life's challenges. Experience interactive strength-based interventions that can facilitate and enhance relationships while increasing resilience. Discovering your own strengths and resources will energize you as you develop the capacity to recognize the internal assets provided by the strengths in others.

Sajel and Patricia will share the milestones in their own personal stories including mental health, addictions and PTSD in their families and how those led to professional and life changing milestones.

OACCPP.CA/POSITIVE
The World According to DSM-5

Dr. David Teplin

Friday, September 21st
10:00 a.m. - 1:00 p.m.

The DSM-5 includes fifteen new disorders and updates to an additional twenty. Join Dr. David Teplin for an essential review of the diagnostic manual while learning about the changes made to the most recent edition.
In a Family's Shoes

Lisa Raffoul

Friday, September 21st  
2:00 p.m. - 5:00 p.m.

Change can happen to any one of us. Anytime. Anywhere. In a Family’s Shoes offers a first-hand glimpse of the impact of unexpected and unplanned change; the emotions that arise and the effect on mental health.

Participants will gain a better understanding of the client’s perspective, resulting in enhanced awareness and empathy. Learn how authenticity and communication styles affect trust. Explore the influence of your own personal values in your work and discover how your unconscious bias can shape how you respond to people. Delve into your emotional intelligence and your ability to cope with change. Recognize how shame, vulnerability and fear can motivate action. Uncover your ability to help others toward resiliency.

OACCPP.CA/FAMILY
The Therapeutic Alliance:
Strategies for Avoiding and/or Overcoming a Therapeutic Rupture

Dr. Rylie Moore
Friday, September 21st
2:00 p.m. - 5:00 p.m.

This workshop will explore the definition of the therapeutic alliance and its importance and impact on outcomes in psychotherapy. Dr. Moore will outline strategies for identifying situations where a therapeutic rupture has occurred or is about to occur, and how to most effectively repair such ruptures. In addition, Dr. Moore will touch on his work with regards to gender identity and LGBT2QA to provide a variety of perspectives within which to consider the therapeutic alliance.

The workshop will also explore contextual feedback intervention theory and the purpose of measuring client symptoms through therapy. The discussion will include practical strategies for implementing a consistent progress measurement protocol into clinical practice and the clinical benefits of doing so.

OACCPP.CA/ALLIANCE
Don't Miss...

Student Poster Presentations &

Caversham Bookfair
Mental Health & Technology: Analyzing the Impacts
Panel Discussion

Nora Young
Moderator

Saturday, September 22nd
9:00 a.m. - 12:00 p.m.

From social media to therapy bots, technology increasingly shapes our experiences and our wellbeing. With new innovations every year, society, the general public and mental health-care practitioners are still learning how technology impacts our cognition and our mood. Similarly, we are still learning how to interact with and harness new technology to increase wellness and improve patient care. Join CBC’s Nora Young for an in-depth panel discussion to explore what we know and what we have yet to learn about existing and emerging technologies and their impacts on our mental health.

OACPP.CA/IMPACT
Connect &
Celebrate

Social Mixer

Pounding the Pavement

Thursday September 20th | 5:30 p.m. - 8:30 p.m.

Come make lasting connections with industry professionals and leaders in your field. Meet up with old friends and make new ones in an evening of fun and mingling. Discover new and upcoming organizations while hearing the latest from the organizations you know and love.

Free appetizers & drink tickets!

Have something to share? Become a vendor!

Contact services-coordinator@oaccpp.ca to learn more.
CELEBRATING 40 YEARS

The Miles Ahead of Us Banquet

Friday September 21st
6:00 p.m. - 9:00 p.m.

Join us for an evening of food, drink and entertainment in celebration of our 40 incredible years as Ontario’s leading Association for Mental Health Professionals. Featuring: Unstoppable Tracy!

Your ticket includes:
- Great company
- Sit-down dinner
- Drink tickets
- An inspiring talk

The fine print

The Miles Ahead of Us Banquet is included when you Register for the Full Conference.
Register now!
Stay with us!

Radisson Admiral Hotel Toronto Harbourfront is pleased to offer a special rate for the attendees of the Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists conference.

Rates start at $239

*Book your room online before August 20th to take advantage of our preferred rate!*

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**Radisson Admiral Toronto Harbourfront**

249 Queens Quay W
Toronto, ON M5J 2N5
416.203.3333

**Terms & Conditions**
Available for stays from September 19, 2018 to September 23, 2018. Rates are based on single/double occupancy. Additional adults will be $20.00 extra per person, per night, to a maximum of four adults per room. Rates are subject to 13% HST and 3% DMF.
The OACCPP Conference would not be possible without the generous support of its sponsors:

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Sponsorship Inquiries

Amanda Wyman
Conference Coordinator
services-coordinator@oaccpp.ca
Registration

Early bird rates apply until July 6th

☐ Member | Membership Number ________  ☐ Student | Must provide valid I.D.  ☐ Non-member

Full Name ____________________________________________ Phone _______________________

Email ____________________________ Address _______________________________________

City ____________________________ Province __________________ Postal Code _______________

Vegetarian ☐ | Vegan ☐ | Gluten-free ☐  Accommodations: ______________________________________

Full Conference
Thursday Sept. 20th - Saturday Sept. 22nd

Pre-conference Workshop & Full Conference*  
Members  |  Student  |  Non-member
Early  |  Regular  |  Early  |  Regular  |  Early  |  Regular
$400  |  $455  |  $285  |  $330  |  $565  |  $625
$285  |  $340  |  $170  |  $215  |  $455  |  $510

Full Conference *

Individual Sessions

Thursday, September 20th, 2018

Pre-conference Workshop  
Members  |  Student  |  Non-member
Early  |  Regular  |  Early  |  Regular  |  Early  |  Regular
$170  |  $200  |  $145  |  $170  |  $200  |  $230

Networking Event (Included in Full Conference registration)  
$35  |  $35  |  $15  |  $15  |  $35  |  $35

Friday, September 21st, 2018

Workshop Sessions* (choose below)  
Members  |  Student  |  Non-member
Early  |  Regular  |  Early  |  Regular  |  Early  |  Regular
$230  |  $285  |  $115  |  $160  |  $285  |  $340

Banquet Dinner & Entertainment (Included in Full Conference registration)  
$45  |  $45  |  $45  |  $45  |  $45  |  $45

Saturday, September 22nd, 2018

Mental Health & Technology  
Members  |  Student  |  Non-member
Early  |  Regular  |  Early  |  Regular  |  Early  |  Regular
$140  |  $170  |  $115  |  $140  |  $170  |  $200

*For those attending Friday, choose your Workshop Sessions to complete your application:

1. Terry Real  
a  |  morning  
b |  afternoon  

2. Ed Connors  
a  |  morning  
b |  afternoon  

3. Sajel Bellon & Pat Davies  
morning  

4. David Teplin  
	morning  

5. Dr. Rylie Moore  
amerning  

6. Lisa Raffoul  
aftermoon  

Ways to Register

Email  
services-coordinator@oaccpp.ca
Fax  
416.298.9593
Mail  
OACCPP C/O Services Coordinator  
586 Eglinton Ave E | Suite 410  
Toronto ON | M4P 1P2

Payment details  
on the  
following page!
Payments must be made in full by cheque, credit card or e-transfer at receipt of the registration form. Send e-transfers to operations@oaccpp.ca (make security answer: oaccpp). Make cheques payable to OACCPP.

☐ E-transfer  |  ☐ Cheque  |  ☐ Credit Card  | Type of card _________________________________

Name of card holder ________________________________________________________________

Card number __________________________  Expiration Date ________  Security number ______

☐ I have circled my rate for the session(s) I wish to attend on the previous page

$ _______ Total  * All totals include HST

☐ I have indicated the workshop session(s) I will attend on Friday, Sept. 20th (if applicable)

☐ I am an OACCPP member and will attend the AGM on Saturday, Sept. 22nd

Please Note: We apologize if your preferred workshop is no longer available when you register. Space is limited, and will be assigned on a first come first served basis. If a seminar or workshop is cancelled due to unforeseen circumstances, the OACCPP reserves the right to assign another seminar or workshop to replace the cancelled session.

Cancellations: To cancel your registration please submit a request in writing by email to services-coordinator@oaccpp.ca. Notice of cancellation must be received by September 1, 2018; your registration will be refunded (less a $25 administration fee). After September 1st, 2018, NO REFUNDS will be granted for cancellation.

Substitution Policy: If you are unable to attend, you are invited to send an alternate in your place at no extra cost. Please notify us of the name of the alternate no later than September 17, 2018 to minimize confusion at registration.

Endorsement Disclaimer: The OACCPP is pleased to present Conference workshops and speakers. The views and opinions of presenters expressed herein or at the Conference do not necessarily state or reflect those of the OACCPP.

HST Registration Number: 894582832RT0001

Contact  |  Amanda Wyman
Conference Coordinator
services-coordinator@oaccpp.ca
An Annual Conference
Connecting... PSYCHOMETRISTS
CONSULTANTS
COUNSELLORS
PSYCHOTHERAPISTS